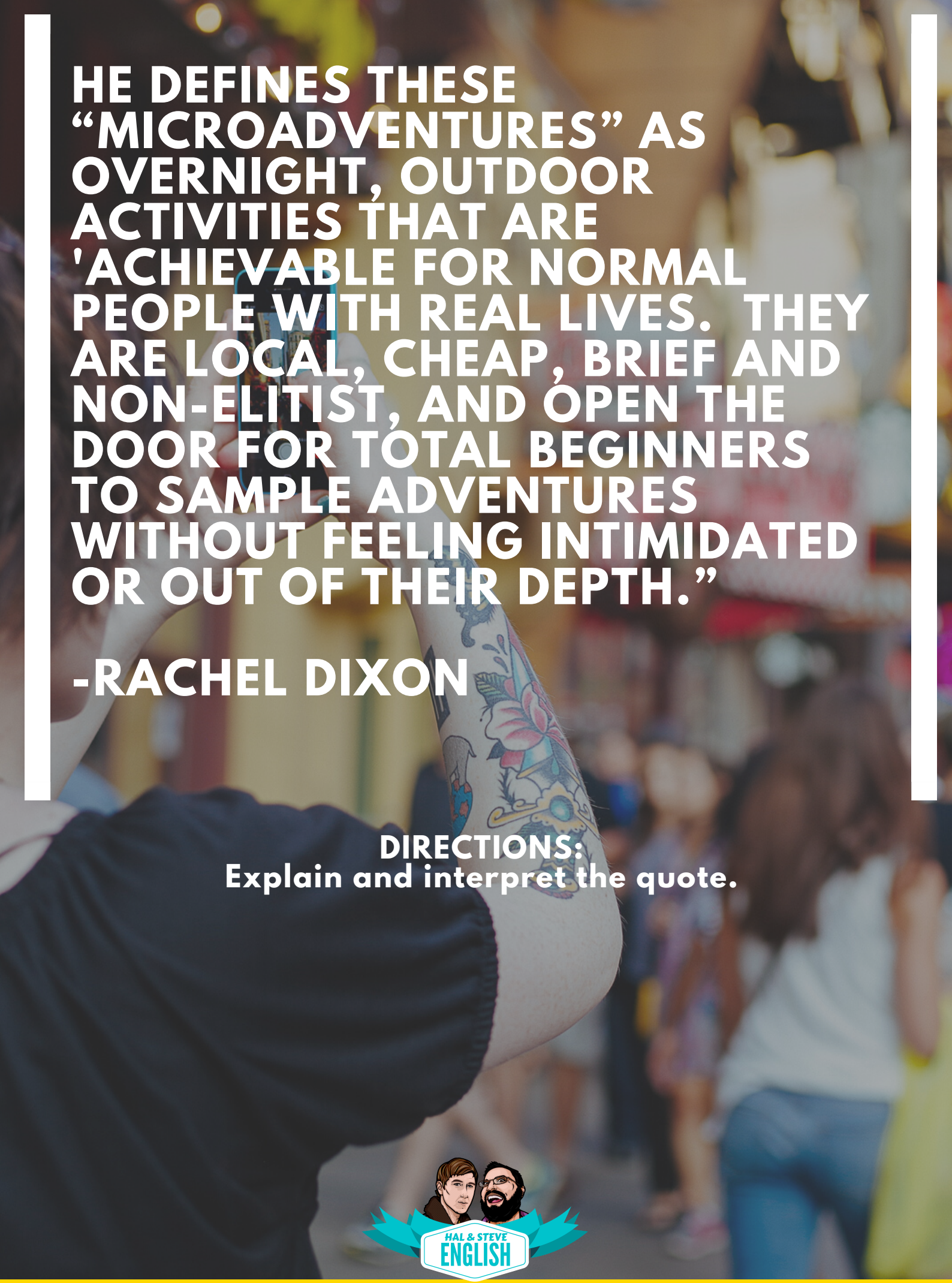
AFTER WORK ADVENTURES

INTERMEDIATE CONVERSATION
SEMESTER 4, LESSON 010

HAL & STEVE ENGLISH



HE DEFINES THESE "MICROADVENTURES" AS OVERNIGHT, OUTDOOR ACTIVITIES THAT ARE 'ACHIEVABLE FOR NORMAL PEOPLE WITH REAL LIVES. THEY ARE LOCAL, CHEAP, BRIEF AND NON-ELITIST, AND OPEN THE DOOR FOR TOTAL BEGINNERS TO SAMPLE ADVENTURES WITHOUT FEELING INTIMIDATED OR OUT OF THEIR DEPTH."

-RACHEL DIXON

DIRECTIONS:
Explain and interpret the quote.

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TABLE TOPIC

Discuss the first question for 5 minutes. Then create conversation questions of your own.

What do you like to do after work?

Now, create one table topic of your own. Think of something creative, fun, and thought-provoking.

USEFUL WORDS

Read and practice the vocabulary and idioms below.

Little adventure: small adventure or trip that's not as expensive or large as a vacation

I like to take little adventures into the woods or to new, local restaurants.

Day trip: a quick trip that is started and finished in one day

I don't have much time for vacation so I like to take day trips to local farms, parks, and attractions with my husband.

Invigorating: making one feel strong, healthy, and full of energy.

I think a nice, brisk walk in the morning can be very invigorating.

Revitalizing: to give you new life, new energy

Going on vacation, taking a break from work, can be such a revitalizing experience.

Fulfilling: making someone satisfied or happy because of fully developing their character or abilities.

I really need these small day trips to make my life fulfilling. Otherwise, I'd just be another boring office worker.

GREAT IDIOM

Read and practice this useful idiom. It's great to use with this topic.

Change it up a little: to do something new or different that you wouldn't usually do.

I'm tired of our usual restaurant. Let's go to a new restaurant and change it up a little today.

DEBATE

Using this prompt, have a fun debate about this topic.

Some people enjoy their simple, routine life. Wake up, go to work, come home, eat dinner, and go to sleep. That's great for some people, but not others.

In this exercise, students A strongly believe boring, monotonous lives harm our ability to be happy. They want to plan small adventures throughout their week to change things up a little.

Students B strongly believe that there's nothing wrong with a monotonous, routine life. They're happy to have a normal life. They don't think little adventures are necessary for a fulfilling life.

Discuss and debate your opinions. Use the Conversation Phrases list so that you can eloquently express yourself. You should prepare your reasons and evidence before class.