

CULTURAL DESTINATION: TYPES OF HAPPINESS

TRAVEL CONVERSATION

SEMESTER 4, LESSON 013



TABLETOPIC

Choose and discuss one of these interesting table topic questions in order to get warmed up for the lesson!

Table Topic:

What kind of work makes you most happy?

Hypothetical Table Topic:

If you just got out of a rough relationship and were depressed, what would you do to find your happiness again?



IDIOM

Read and practice this useful idiom. It's great to use with this topic.

the grass is always greener on the other side of the fence - people always think they would be happier in a different set of circumstances. (Usually implies that the other circumstances really are not any better)

Do you think **the grass is greener on the other side** or are you just unhappy with where you are?



USEFUL WORDS

Read and practice the vocabulary below.

contentment - a state of happiness and satisfaction; a state of acceptance

Many people believe marriage and children bring **contentment**.

chipper - cheerful and lively.

Well isn't Hal **chipper** today? I think he had one too many beers with dinner.

tickled - to excite with spasmodic laughter; cause (someone) amusement or pleasure

I get **tickled** everytime I see Steve's impression of Hal. It's so hilarious I can't stop laughing!

blissful - extremely happy; full of joy or simple happiness

When I was younger life seemed to be more **blissful**.

gleeful - exuberantly or triumphantly joyful

I get **gleeful** everytime I hang out with elementary school 1st graders for too long.



GUIDED CONVERSATION

Use these questions as a guide for conversation.

What makes you most happy?

What's one of your happiest memories?

What do you think is most important in life?
Happiness or something else?

What kinds of happiness do you most often
feel?

What do you think of people that are always
happy, do they annoy you or inspire you?

Are you happy with your job? Why or why
not?



ACTIVITY

Use this activity to practice the vocabulary and idioms you have learned so far!

Speed Conversation:

Example situation: Find out the happiest moments in your conversation partners lifetime at different periods, e.g. college, marriage, childhood, adulthood, teenage years, career, dating, etc. Students should sit across from a classmate. The teacher will assign a situation for each group of students to talk over. Students should rotate partners every 2-3 minutes.



HOMework

**Homework! Daily practice is essential
for language learning.**

1 MINUTE PRESENTATION/SPEECH

Talk about what age range you think is the happiest time in life. Give a 1-minute speech presenting it (after the student is through, the teacher will quiz the other students about the speech so as to test their listening comprehension).



TRAVEL CONVERSATION